

ALTERNATIVE TREATMENT FOR DEPRESSION

The Trinitas-St. Joseph's Behavioral Health Network is now offering an innovative alternative treatment for depression. Transcranial magnetic stimulation (TMS) can help individuals suffering from depression who have not benefited from initial antidepressant medication therapies.



Despite being a newer treatment for depression, TMS is a proven option with strong efficacy rates and research results. "We are excited to bring this therapy option to the residents of New Jersey, offering new hope for a complex condition," says Dr. Carlos Rueda, chairman of psychiatry for the Trinitas-St. Joseph's Behavioral Health Network.

Trinitas-St. Joseph's is partnering

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with HPR Treatment Centers (a division of TMS Centers of America) to open two treatment facilities in Essex County this month, followed by another six sites throughout Northern New Jersey over the next

year. "This partnership allows us to work with two of the leading medical institutions in the state to provide a comprehensive continuum of care to treat those suffering from depression," says Ben Klein,



COMING SOON: THE CONNIE DWYER BREAST CENTER AT TRINITAS

We're looking forward to the creation of the Connie Dwyer Breast Center at Trinitas, which will provide new and improved services for women in the greater Elizabeth area. A \$3.2 million investment in our Women's Imaging Center will result in a truly remarkable breast center that will care for every woman.



WE'RE GETTING BETTER, TOGETHER



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founder and CEO of HPR Treatment Centers. "We have been offering TMS to patients across the country and know firsthand the significant impact the treatment has on patients. We have seen people with depression who have lost hope regain it back when they achieve remission through TMS."

Half of the 15 million Americans with depression cannot tolerate or do not respond to antidepressant medication. The FDA-cleared BrainsWay Deep TMS is a non-invasive treatment that stimulates the brain using magnetic fields at an amplitude similar to what is used for an MRI. The treatment has no systemic side effects and requires no hospitalization or anesthesia. To date, the therapy has been proven effective in more than

60 clinical trials worldwide. Because TMS is a non-drug, non-invasive treatment, patients are awake during the procedure and can get back to daily activities, including driving, immediately following the session.

"We are excited to work with HPR Treatment Centers to help Trinitas and St. Joseph's deliver optimal mental health solutions to their patients and partner with them in this initiative that will address a growing challenge in treating mental health patients," says Joe Perekupka, vice president at BrainsWay. "By providing the tools necessary to help these renowned facilities treat patients who are suffering from mental disorders, we are enabling better outcomes for patients." †

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